

DEL MAR COLLEGE



PHYSICAL THERAPIST ASSISTANT PROGRAM

ADMISSIONS PROCEDURES

Department of Allied Health
WEST CAMPUS – Health Science Building 1, Office 242
101 Baldwin, Corpus Christi, Texas 78404
Phone: 361-698-2820

www.delmar.edu/ptap

THE PHYSICAL THERAPIST ASSISTANT: A PROFILE

WHO ARE PHYSICAL THERAPIST ASSISTANTS?

Physical therapist assistants, or PTAs, are skilled health care providers who work under the supervision of physical therapists. Duties of the PTA include assisting the physical therapist in implementing treatment programs, training patients in exercises and activities of daily living, conducting treatments, and reporting to the physical therapist on the patient's responses. In addition to direct patient care, the physical therapist assistant may also perform such functions as patient transport, and clinic or equipment preparation and maintenance.

WHAT DO PHYSICAL THERAPIST ASSISTANTS EARN?

According to American Physical Therapy Association member surveys, the median income for a physical therapist assistant is \$48,000. PTAs who were employed in the southern and western regions of the nation earned the highest median salary. PTAs in Corpus Christi, Texas, as of 2015, made \$40,000 - \$60,000 annually.

WHERE DO PHYSICAL THERAPIST ASSISTANTS WORK?

Physical therapist assistants work in hospitals, private physical therapy offices, community health centers, corporate or industrial health centers, sports facilities, research institutions, rehabilitation centers, nursing homes, home health agencies, schools, pediatric centers, and colleges and universities.

WHAT ARE THE EDUCATIONAL REQUIREMENTS FOR BECOMING A PTA?

Physical therapist assistants must complete a 2-year education program. Candidates receive an Associate's in Applied Science degree upon graduation. The course of study includes 5 semesters of academic courses, PTA and clinical courses.

WHAT ARE THE LICENSURE REQUIREMENTS?

Currently, Texas requires physical therapist assistants to be licensed. Licensure stipulates specific educational and examination criteria. Information on practice acts and regulations may be obtained by contacting the licensure board. (512-305-6900 or ptot.texas.gov)

ADMISSIONS PROCEDURES TO THE PHYSICAL THERAPIST ASSISTANT PROGRAM AT DELMAR COLLEGE

Dear Prospective Student:

Thank you for your interest in the Physical Therapist Assistant Program at Del Mar College

Acceptance into the PTA Program is a **SELECTIVE MULTI-STEP PROCESS**. Applicants will be ranked by points using information the student provides to the PTA Program.

For admission consideration, one must first be eligible for admission to Del Mar College.

The following MUST be on file in the Registrar's Office:

Step 1

- 1) Completed Application for admission to Del Mar College
- 2) Official copy of high school transcript or G.E.D. Certificate
- 3) Official copy of college transcript(s), if any
- 4) Placement test scores as required by College (make an appointment with the Testing Center at 698-1645)
- 5) Complete remediation courses, if required

Step 2

The following must be submitted to be considered for admission to the PTA Program no later than 5 pm June 1st.

- 1) Complete the PTACAS application and pay \$25 application fee at the time of submission.
- 2) Official college transcripts from all schools, including Del Mar College
- 3) Evidence of a minimum total of **15 hours** of observation of a physical therapist or physical therapist assistant across **three different physical therapy settings** (i.e. outpatient, acute care hospital, rehabilitation hospital, or skilled nursing facility) – Observation form attached. Note the observation form will be uploaded in the documents section of the PTA-CAS.
- 4) Evidence of a minimum 2.00 cumulative GPA
- 5) Evidence of a minimum 3.00 GPA in the general education courses required for PTA Degree
- 6) Evidence of Reading, English, and Math scores at college level
- 7) Any or all of the academic courses listed may be taken prior to admission into program.

Academic courses not completed before program entry must be taken in the semester listed. Completion of the academic courses enhances student's selection to the Program. To be awarded points, any course work completed prior to entering program must be completed, with a grade given by June 1st.

ADMISSION PROCEDURES CONTINUED

Step 3

To be successful in the PTA Program, the student must meet the following criteria:

- 1) Display of genuine personal desire for a career in Physical Therapy
- 2) Arrange transportation to Del Mar College and the clinical sites
- 3) Have means to purchase uniforms, textbooks, and workbooks
- 4) Have adequate time for studies and clinical practices
- 5) Commitment to learning
- 6) Interpersonal Skills
- 7) Communication Skills
- 8) Effective use of time and resources
- 9) Use of constructive feedback
- 10) Problem Solving Skills
- 11) Professionalism
- 12) Responsibility
- 13) Critical Thinking skills
- 14) Stress Management skills

All applicants are numerically ranked and placed into available openings according to their rank.

Even though Del Mar College has an open-door-policy, the Physical Therapist Program must limit their enrollment due to limited classroom space and available clinical facilities.

Step 4

After submission of all required documents, the top 40 candidates will be notified by July 1st. The top 40 applicants will then take the Test of Essential Academic Skills for Allied Health (TEAS) as the final step in the admissions process. The top 20 students will be notified by July 15th and are chosen to begin the PTA Program each Fall. Other applicants not selected will be notified within 30 days of the application deadline. **The Program accepts 20 students each year.**

SELECTION TO THE PROGRAM WILL BE BASED ON THE FOLLOWING POINT SYSTEM:

BIOL 2401 (10)	BIOL 2402 (10)	HPRS 1106 (10)	HPRS 1204 (10)	ENGL 1301 (10)	PSYC 2301 (5)	Speech (5)	Huma (5)	Math (8)	GPA (15)	TEAS (12)	TOTAL POINTS (100)

GPA (GPA of general education courses listed above)	< 3.00 = Ineligible	3.0 to 3.2 = 6 points	3.3 to 3.6 = 9 points	3.7 to 4.0 = 15 points
TEAS Composite Score	0 to 40% = 0 points	41 to 59% = 2 points	60 to 75% = 8 points	76 to 100% = 12 points
Points based on Grade for courses worth up to 10 points	D = 2 points	C = 4 points	B = 7 points	A = 10 points
Points based on Grade for courses worth up to 5 points (math will receive 8 points)	D = 1 point	C = 2 points	B = 3 points	A = 5 points (Math = 8 points)

(If total points scores are tied, GPA will be used as the tiebreaker.)

**DEL MAR COLLEGE
PHYSICAL THERAPIST ASSISTANT PROGRAM
APPLICATION PROCESS**

The completed PTA-CAS application must include the following:

1. All college transcripts from other schools and copy of Del Mar College transcript.
2. Documented observation hours in the physical therapy field.
3. Minimum 2.00 cumulative GPA; and college level REM scores.
4. Minimum 3.00 GPA in the general education courses required for the PTA degree.

The selected students must notify the Department Administrative Assistant of acceptance. An alternate list will be utilized in case an admission is not accepted by a student.

Accreditation Status of the Del Mar College PTA Program

The Physical Therapist Assistant Program at Del Mar College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 3030 Potomac Ave #100, Alexandria, Virginia 22305-3085; telephone: 703-706-3245; email: accreditation@apta.org; website: <http://www.capteonline.org/>.

TECHNICAL STANDARDS FOR PHYSICAL THERAPIST ASSISTANT

Visual Acuity

- A. Acute enough to read small print on product labels used for whirlpool treatments, dressing changes, and specific labels on medicines used modalities.
- B. Acute enough to read small numbers on goniometers, computer screens, and isokinetic reports.
- C. Acute enough to observe postural changes, musculoskeletal changes, and coloration changes.

Hearing Acuity

- A. Acute enough to hear and understand words spoken by instructors and patients.
- B. Acute enough to perceive the spoken word in an environment with a high level of background noise.

Speaking Ability

- A. Verbal expression clear and distinct enough to enunciate medical and surgical terminology.
- B. Ability to express thoughts clearly.

Digital Dexterity

- A. Agile enough to handle modality instruments with both left and right hands at an extremely rapid pace.
- B. Able to write/type up documentation/notes.

DISABILITY ACCOMMODATION

Students who feel they may have difficulty with the above requirements, or students requesting reasonable accommodations or information, must contact the Disabilities Services Office, West Campus, Coleman Center, Room 106, phone number 361-698-1741. The student must contact the Disabilities Services Office if a change in physical or mental status occurs during the course of the Physical Therapist Assistance Program.

PHYSICAL THERAPIST ASSISTANT PROGRAM CLINICAL SITE LISTING

The following is a partial list of Physical Therapy Clinical sites where you can observe. You may also observe at clinics not listed here. **You must perform a minimum of 15 observation hours.** Observation hours must be under the supervision of a physical therapist or physical therapist assistant. We request that you observe three different areas of physical therapy. Hours worked as a technician will count.

Before observing, call the clinic of your choice. Ask for the Physical Therapy Department. Explain that you are a Del Mar College student attempting to get into the Physical Therapist Assistant Program.

Alameda Oaks Nursing and Rehab
1101 South Alameda Street
Corpus Christi, TX 78404
361.882.2711

CHRISTUS Spohn Hospital Beeville
1500 East Houston
Beeville, TX 78102
361.354.2177

CHRISTUS Spohn Kleberg Memorial
1311 East General Cavazos
Kingsville, TX 78363
361.595.9588

Corpus Christi Nursing and Rehab
2735 Airline Road
Corpus Christi, TX 78414
361.992.0816

Fisher Physical Therapy
Northwest Boulevard, #4
Corpus Christi, TX 78410
361.387.5000

CHRISTUS Spohn Hospital Alice
2500 East Main Street
Alice, TX 78332
361.661.8130

CHRISTUS Spohn Hospital Shoreline
600 Elizabeth Street
Corpus Christi, TX 78404
361.881.3515

Coastal Bend Spine and Sport
1301 East Houston
Beeville, TX 78102
361.362.1700

Corpus Christi State Supported Living
902 Airport Road
Corpus Christi, TX 78469
361.442.6296

Humpal Physical Therapy
1302 East 5th Street
Alice, TX 78322
361.664.9675

Kingsville Home Rehab Services
100 East Kleberg, Suite 208B
Kingsville, TX 78363
361.221.9177

Kingsville Nursing and Rehab
3130 South Brahma Boulevard
Kingsville, TX 78363
361.592.8700

New Stride Physical Therapy
3747 South Alameda
Corpus Christi, TX 78411
361.814.9898

New Stride Physical Therapy
14302 Nemo Court
Corpus Christi, TX 78418
361.949.9898

Retama Manor North
232 Morgan
Corpus Christi, TX 78403
361.882.4242, ext. 233

Shea Physical Therapy
5440 Everhart, Suite 1
Corpus Christi, TX 78411
361.994.5224

Shull Physical Therapy
4646 Corona Drive, Suite 105
Corpus Christi, TX 78411
361.225.2539

South Texas Sports Medicine
599 South Staples, Suite 105
Corpus Christi, TX 78413
361.993.9494

South Texas Sports Medicine
206 Cedar Drive
Portland, TX 78374
361.643.3993

Six Points Physical Therapy-South
5017 Saratoga, Suite 139
Corpus Christi, TX 78413
361.814.4800

Therapy First
2101 Airline Road
Corpus Christi, TX 78414
361.993.4778

Trinity Towers & The Holmgreen Center
101 North Upper Broadway Street
Corpus Christi, TX 78401
361.887.2000

Wooldridge Place Nursing Center
7352 Wooldridge Road
Corpus Christi, TX 78414
361.991.9633

**ASSOCIATE IN APPLIED SCIENCE DEGREE:
PHYSICAL THERAPIST ASSISTANT**

FIRST SEMESTER	Fall Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 1201	The Profession of Physical Therapy	1	2	2	48
*PTHA 1413	Functional Anatomy	2	6	4	128
*PTHA 1305	Basic Patient Care Skills	2	2	3	64
<u>BIOL 2401</u>	<u>Human Anatomy and Physiology I</u>	3	3	4	96
<u>HRPS 1106</u>	<u>Medical Terminology</u>	1	0	1	16
<u>HPRS 1204</u>	<u>Basic Health Profession Skills</u>	1	4	2	80
SECOND SEMESTER	Spring Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 1321	Pathophysiology	3	0	3	48
*PTHA 2509	Therapeutic Exercise	3	5	5	128
<u>PSYC 2301</u>	<u>General Psychology</u>	3	0	3	48
<u>ENGL 1301</u>	<u>Composition I</u>	3	1	3	64
<u>BIOL 2402</u>	<u>Human Anatomy and Physiology II</u>	3	3	4	96
THIRD SEMESTER	Summer 2 Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 2217	Issues in Health Care	2	0	2	32
*PTHA 1431	Physical Agents	3	4	4	112
<u>Creative Arts or Language</u>	<u>Philosophy and Culture Core Elective</u>	3	0	3	48
<u>Speech</u>	<u>Core Elective</u>	3	0	3	48
FOURTH SEMESTER	Second Fall Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 2435	Rehabilitation Techniques	3	4	4	112
*PTHA 2205	Neurology	2	1	2	48
*PTHA 2266	Practicum – Physical Therapist Assistant	0	18	2	288
<u>MATH</u>	<u>Core Elective</u>	3	0	3	48
FIFTH SEMESTER	Second Spring Semester	Lec. Hrs.	Lab Hrs.	Cred Hrs.	Cont Hrs.
*PTHA 2431	Management of Neurological Disorders	3	4	4	112
*PTHA 2366	Practicum – Physical Therapist Assistant	0	22	3	360
*PTHA 2239	Professional Issues (CAPSTONE)	2	0	2	32
Grand Total:				66	2068

PHYSICAL THERAPIST ASSISTANT PROGRAM

Please notify the PTA Program Director, Dr. Sharon Dunnivan-Mitchell, at (361)698-1848 or sdunnivanmitchell@delmar.edu, to report any concerns regarding professional behavior by the applicant during observation (per Del Mar College Student Handbook, delmar.edu/catalog).

OBSERVATION/VOLUNTEER CONTACT HOURS LOG SHEET

Date	Name of Company/ Location	Name and Signature of Licensed PT or PTA (will verify license at ptot.texas.gov)	Types of Patients Observed	Number of Contact Hours

Student's Name: _____

Total Hours: _____

Date: _____

The Observation log can **only be signed by a licensed PT or PTA** (license will be verified at ptot.texas.gov) and is an admission requirement for applicants wanting to enter into the PTA program. Although an applicant is NOT a PTA student and may or may not be a Del Mar College student, since the applicant is seeking entrance into the PTA program **the applicant must comply by Del Mar College policy in regards to behavior**. Inappropriate behavior, per Del Mar College policy, can be found at delmar.edu/catalog.