

# DEL MAR COLLEGE



## PHYSICAL THERAPIST ASSISTANT PROGRAM

### ADMISSIONS PROCEDURES

Department of Allied Health  
WEST CAMPUS – Health Science Building 1, Office 242  
101 Baldwin, Corpus Christi, Texas 78404  
Phone: 361-698-2820

[www.delmar.edu/ptap](http://www.delmar.edu/ptap)

# **THE PHYSICAL THERAPIST ASSISTANT: A PROFILE**

## **WHO ARE PHYSICAL THERAPIST ASSISTANTS?**

Physical therapist assistants, or PTAs, are skilled health care providers who work under the supervision of physical therapists. Duties of the PTA include assisting the physical therapist in implementing treatment programs, training patients in exercises and activities of daily living, conducting treatments, and reporting to the physical therapist on the patient's responses. In addition to direct patient care, the physical therapist assistant may also perform such functions as patient transport, and clinic or equipment preparation and maintenance.

## **WHAT DO PHYSICAL THERAPIST ASSISTANTS EARN?**

According to American Physical Therapy Association member surveys, the median income for a physical therapist assistant is \$45,000. PTAs who were employed in the southern and western regions of the nation earned the highest median salary. PTAs in Corpus Christi, Texas, as of 2015, made \$40,000 - \$60,000 annually.

## **WHERE DO PHYSICAL THERAPIST ASSISTANTS WORK?**

Physical therapist assistants work in hospitals, private physical therapy offices, community health centers, corporate or industrial health centers, sports facilities, research institutions, rehabilitation centers, nursing homes, home health agencies, schools, pediatric centers, and colleges and universities.

## **WHAT ARE THE EDUCATIONAL REQUIREMENTS FOR BECOMING A PTA?**

Physical therapist assistants must complete a 2-year education program. Candidates receive an Associate's in Applied Science degree upon graduation. The course of study includes 5 semesters of academic courses, PTA and clinical courses.

## **WHAT ARE THE LICENSURE REQUIREMENTS?**

Currently, Texas requires physical therapist assistants to be licensed. Licensure stipulates specific educational and examination criteria. Information on practice acts and regulations may be obtained by contacting the licensure board. (512-305-6900 or [ptot.texas.gov](http://ptot.texas.gov) )

# ADMISSIONS PROCEDURES TO THE PHYSICAL THERAPIST ASSISTANT PROGRAM AT DELMAR COLLEGE

Dear Prospective Student:

Thank you for your interest in the Physical Therapist Assistant Program at Del Mar College

Acceptance into the PTA Program is a **SELECTIVE MULTI-STEP PROCESS**. Applicants will be ranked by points using information the student provides to the PTA Program.

For admission consideration, one must first be eligible for admission to Del Mar College.

**The following MUST be on file in the Registrar's Office:**

## **Step 1**

- 1) Completed Application for admission to Del Mar College
- 2) Official copy of high school transcript or G.E.D. Certificate
- 3) Official copy of college transcript(s), if any
- 4) Placement test scores as required by College (make an appointment with the Testing Center at 698-1645)
- 5) Complete remediation courses, if required

## **Step 2**

Submit the following to the PTACAS <https://ptacas.liasoncas.com/applicant-ux/#/login>

**128) No later than 5:00 p.m. June 1<sup>st</sup>.**

- 1) Physical Therapist Assistant Program application in the PTACAS
- 2) Official college transcripts from all other schools, including Del Mar College transcripts must be submitted within the PTACAS
- 3) Evidence of a total of **15 hours** of observation **in three different physical therapy settings** (i.e. private clinic, pediatric hospital, acute care hospital, rehab hospital, skilled nursing facility) – Observation form attached, must have signatures
- 4) Evidence of a minimum 2.00 cumulative GPA
- 5) Evidence of a minimum 3.00 GPA in the general education courses required for PTA Degree
- 6) Evidence of Reading, English, and Math scores at college level
- 7) TEAS scores rated proficient, or better.
- 8) Any or all of the academic courses listed may be taken prior to admission into program.  
**Academic courses not completed before program entry must be taken in the semester listed. Completion of the academic courses enhances student's selection to the Program. To be awarded points, any course work completed prior to entering program must be completed, with a grade given by June 1<sup>st</sup>.**

## ADMISSION PROCEDURES CONTINUED

### Step 3

To be successful in the PTA Program, the student must meet the following criteria:

- 1) Display of genuine personal desire for a career in Physical Therapy
- 2) Arrange transportation to Del Mar College and the clinical sites
- 3) Have means to purchase uniforms, textbooks, and workbooks
- 4) Have adequate time for studies and clinical practices
- 5) Commitment to learning
- 6) Interpersonal Skills
- 7) Communication Skills
- 8) Effective use of time and resources
- 9) Use of constructive feedback
- 10) Problem Solving Skills
- 11) Professionalism
- 12) Responsibility
- 13) Critical Thinking skills
- 14) Stress Management skills

All applicants are numerically ranked and placed into available openings according to their rank.

Even though Del Mar College has an open-door-policy, the Physical Therapist Program must limit their enrollment due to limited classroom space and available clinical facilities.

### Step 4

After submission of all required documents, the top 40 candidates will be notified by July 1st. The top 40 applicants will then take the Test of Essential Academic Skills for Allied Health (TEAS) as the final step in the admissions process. TEAS exam scores must be proficient or better to be eligible for top 20 selection. The top 20 students will be notified by mid July and are chosen to begin the PTA Program each Fall. Other applicants not selected will be notified within 30 days of the application deadline. **The Program accepts 20 students each year.**

**SELECTION TO THE PROGRAM WILL BE BASED ON THE FOLLOWING POINT SYSTEM:**

BIOL 2401 (10)	BIOL 2402 (10)	HPRS 1106 (10)	HPRS 1204 (10)	ENGL 1301 (10)	PSYC 2301 (5)	Speech (5)	Huma (5)	Math (8)	GPA (15)	TEAS (12)	TOTAL POINTS (100)

<b>GPA</b> (GPA of general education courses listed above)	< 3.00 = Ineligible	3.0 to 3.2 = 6 points	3.3 to 3.6 = 9 points	3.7 to 4.0 = 15 points
<b>TEAS Composite Score</b>	0 to 40% = 0 points	41 to 59% = 2 points	60 to 75% = 8 points	76 to 100% = 12 points
<b>Points based on Grade</b> for courses worth up to 10 points	D = 2 points	C = 4 points	B = 7 points	A = 10 points
<b>Points based on Grade</b> for courses worth up to 5 points (math will receive 8 points)	D = 1 point	C = 2 points	B = 3 points	A = 5 points (Math = 8 points)

*(If total points scores are tied, GPA will be used as the tiebreaker.)*

**DEL MAR COLLEGE  
PHYSICAL THERAPIST ASSISTANT PROGRAM  
APPLICATION PROCESS**

The completed PTACAS application must include the following:

1. All college transcripts from other schools and copy of Del Mar College transcript.
2. Documented observation hours in the physical therapy field.
3. Minimum 2.00 cumulative GPA; and college level REM scores.
4. Minimum 3.00 GPA in the general education courses required for the PTA degree.

After the PTACAS is fully completed by the June 1st deadline, the top candidates will be notified within 30 to 45 days.

The selected students must notify the Department Administrative Assistant of acceptance. An alternate list will be utilized in case an admission is not accepted by a student.

**Accreditation Status of the Del Mar College PTA Program**

The Physical Therapist Assistant Program at Del Mar College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 5252 Riquo ce" Cxg."Uwkg"322."Crgzcpf tk."Xkti lpk"44527/52: 7; vgrgr j qpg<925/928/5467="email: [accreditation@apta.org](mailto:accreditation@apta.org); website: <http://www.capteonline.org/>.

# TECHNICAL STANDARDS FOR PHYSICAL THERAPIST ASSISTANT

## Visual Acuity

- A. Acute enough to read small print on product labels used for whirlpool treatments, dressing changes, and specific labels on medicines used modalities.
- B. Acute enough to read small numbers on goniometers, computer screens, and isokinetic reports.
- C. Acute enough to observe postural changes, musculoskeletal changes, and coloration changes.

## Hearing Acuity

- A. Acute enough to hear and understand words spoken by instructors and patients.
- B. Acute enough to perceive the spoken word in an environment with a high level of background noise.

## Speaking Ability

- A. Verbal expression clear and distinct enough to enunciate medical and surgical terminology.
- B. Ability to express thoughts clearly.

## Digital Dexterity

- A. Agile enough to handle modality instruments with both left and right hands at an extremely rapid pace.
- B. Able to write/type up documentation/notes.

## DISABILITY ACCOMMODATION

Students who feel they may have difficulty with the above requirements, or students requesting reasonable accommodations or information, must contact the Disabilities Services Office, West Campus, Coleman Center, Room 106, phone number 361-698-1741. The student must contact the Disabilities Services Office if a change in physical or mental status occurs during the course of the Physical Therapist Assistance Program.

## PHYSICAL THERAPIST ASSISTANT PROGRAM CLINICAL SITE LISTING

The following is a partial list of Physical Therapy Clinical sites where you can observe. You may also observe at clinics not listed here. **You must perform a minimum of 15 observation hours.** Observation hours must be under the supervision of a physical therapist or physical therapist assistant. We request that you observe three different areas of physical therapy. Hours worked as a technician will count.

**Before observing, call the clinic of your choice. Ask for the Physical Therapy Department. Explain that you are a Del Mar College student attempting to get into the Physical Therapist Assistant Program.**

Alameda Oaks Nursing and Rehab  
1101 South Alameda Street  
Corpus Christi, TX 78404  
361.882.2711

CHRISTUS Spohn Hospital Beeville  
1500 East Houston  
Beeville, TX 78102  
361.354.2177

CHRISTUS Spohn Kleberg Memorial  
1311 East General Cavazos  
Kingsville, TX 78363  
361.595.9588

Corpus Christi Nursing and Rehab  
2735 Airline Road  
Corpus Christi, TX 78414  
361.992.0816

Fisher Physical Therapy  
Northwest Boulevard, #4  
Corpus Christi, TX 78410  
361.387.5000

CHRISTUS Spohn Hospital Alice  
2500 East Main Street  
Alice, TX 78332  
361.661.8130

CHRISTUS Spohn Hospital Shoreline  
600 Elizabeth Street  
Corpus Christi, TX 78404  
361.881.3515

Coastal Bend Spine and Sport  
1301 East Houston  
Beeville, TX 78102  
361.362.1700

Corpus Christi State Supported Living  
902 Airport Road  
Corpus Christi, TX 78469  
361.442.6296

Humpal Physical Therapy  
1302 East 5th Street  
Alice, TX 78322  
361.664.9675

Kingsville Home Rehab Services  
100 East Kleberg, Suite 208B  
Kingsville, TX 78363  
361.221.9177

Kingsville Nursing and Rehab  
3130 South Brahma Boulevard  
Kingsville, TX 78363  
361.592.8700

New Stride Physical Therapy  
3747 South Alameda  
Corpus Christi, TX 78411  
361.814.9898

New Stride Physical Therapy  
14302 Nemo Court  
Corpus Christi, TX 78418  
361.949.9898

Retama Manor North  
232 Morgan  
Corpus Christi, TX 78403  
361.882.4242, ext. 233

Shea Physical Therapy  
5440 Everhart, Suite 1  
Corpus Christi, TX 78411  
361.994.5224

Shull Physical Therapy  
4646 Corona Drive, Suite 105  
Corpus Christi, TX 78411  
361.225.2539

South Texas Sports Medicine  
599 South Staples, Suite 105  
Corpus Christi, TX 78413  
361.993.9494

South Texas Sports Medicine  
206 Cedar Drive  
Portland, TX 78374  
361.643.3993

Six Points Physical Therapy-South  
5017 Saratoga, Suite 139  
Corpus Christi, TX 78413  
361.814.4800

Therapy First  
2101 Airline Road  
Corpus Christi, TX 78414  
361.993.4778

Trinity Towers & The Holmgreen Center  
101 North Upper Broadway Street  
Corpus Christi, TX 78401  
361.887.2000

Wooldridge Place Nursing Center  
7352 Wooldridge Road  
Corpus Christi, TX 78414  
361.991.9633

**ASSOCIATE IN APPLIED SCIENCE DEGREE:  
PHYSICAL THERAPIST ASSISTANT**

<b>FIRST SEMESTER</b>	<b>Fall Semester</b>	<b>Lec. Hrs.</b>	<b>Lab Hrs.</b>	<b>Cred Hrs.</b>	<b>Cont Hrs.</b>
*PTHA 1201	The Profession of Physical Therapy	1	2	2	48
*PTHA 1413	Functional Anatomy	2	6	4	128
*PTHA 1305	Basic Patient Care Skills	2	2	3	64
<u>BIOL 2401</u>	<u>Human Anatomy and Physiology I</u>	3	3	4	96
<u>HRPS 1106</u>	<u>Medical Terminology</u>	1	0	1	16
<u>HPRS 1204</u>	<u>Basic Health Profession Skills</u>	1	4	2	80
<b>SECOND SEMESTER</b>	<b>Spring Semester</b>	<b>Lec. Hrs.</b>	<b>Lab Hrs.</b>	<b>Cred Hrs.</b>	<b>Cont Hrs.</b>
*PTHA 1321	Pathophysiology	3	0	3	48
*PTHA 2509	Therapeutic Exercise	3	5	5	128
<u>PSYC 2301</u>	<u>General Psychology</u>	3	0	3	48
<u>ENGL 1301</u>	<u>Composition I</u>	3	1	3	64
<u>BIOL 2402</u>	<u>Human Anatomy and Physiology II</u>	3	3	4	96
<b>THIRD SEMESTER</b>	<b>Summer 2 Semester</b>	<b>Lec. Hrs.</b>	<b>Lab Hrs.</b>	<b>Cred Hrs.</b>	<b>Cont Hrs.</b>
*PTHA 2217	Issues in Health Care	2	0	2	32
*PTHA 1431	Physical Agents	3	4	4	112
<u>Creative Arts or Language</u>	<u>Philosophy and Culture Core Elective</u>	3	0	3	48
<u>Speech</u>	<u>Core Elective</u>	3	0	3	48
<b>FOURTH SEMESTER</b>	<b>Second Fall Semester</b>	<b>Lec. Hrs.</b>	<b>Lab Hrs.</b>	<b>Cred Hrs.</b>	<b>Cont Hrs.</b>
*PTHA 2435	Rehabilitation Techniques	3	4	4	112
*PTHA 2205	Neurology	2	1	2	48
*PTHA 2266	Practicum – Physical Therapist Assistant	0	18	2	288
<u>MATH</u>	<u>Core Elective</u>	3	0	3	48
<b>FIFTH SEMESTER</b>	<b>Second Spring Semester</b>	<b>Lec. Hrs.</b>	<b>Lab Hrs.</b>	<b>Cred Hrs.</b>	<b>Cont Hrs.</b>
*PTHA 2431	Management of Neurological Disorders	3	4	4	112
*PTHA 2366	Practicum – Physical Therapist Assistant	0	22	3	360
*PTHA 2239	Professional Issues (CAPSTONE)	2	0	2	32
<b>Grand Total:</b>				<b>66</b>	<b>2068</b>



# PHYSICAL THERAPIST ASSISTANT PROGRAM

Please notify the PTA Program Director, Rebekah Pounds [rpounds@delmar.edu](mailto:rpounds@delmar.edu), to report any inappropriate behavior by the applicant during observation (per Del Mar College Student Handbook, [delmar.edu/catalog](http://delmar.edu/catalog)). The log sheet must reflect observations in at least three different settings of physical therapy.

## OBSERVATION/VOLUNTEER CONTACT HOURS LOG SHEET

Date	Name of Company/ Location	Name and Signature of Licensed PT or PTA (will verify license at <a href="http://ptot.texas.gov">ptot.texas.gov</a> )	Types of Patients Observed	Number of Contact Hours

Student's Name: \_\_\_\_\_

Total Hours: \_\_\_\_\_

Date: \_\_\_\_\_

The Observation log can **only be signed by a licensed PT or PTA** (license will be verified at [ptot.texas.gov](http://ptot.texas.gov)) and is an admission requirement for applicants wanting to enter into the PTA program. Although an applicant is NOT a PTA student and may or may not be a Del Mar College student, since the applicant is seeking entrance into the PTA program **the applicant must comply by Del Mar College policy in regards to behavior**. Inappropriate behavior, per Del Mar College policy, can be found at [delmar.edu/catalog](http://delmar.edu/catalog).

Any applicant reported for inappropriate behavior while observing at a clinical facility risks loss of the privilege to apply to the PTA Program.